

ADVANCE CARE PLANNING

An ongoing process of clarifying a one's goals, values and preferences for future medical care

Health Care Proxy (HCP)

Living Will

Massachusetts Medical Order for Life-Sustaining Treatment (MOLST)

DEFINITIONS

A document appointing a health care agent to make future medical decisions in the event that one becomes incapacitated
Legal document in MA

A document stating your wishes about care and treatment you want or don't want if you are no longer able to speak for yourself; addresses one's preferences about end-of-life medical treatments, but may also communicate one's wishes, values, or goals about any other aspect of care and treatment

A document intended for seriously ill patients or the elderly that documents decisions for life-sustaining treatment based on the patient's current condition; instructs EMTs or Paramedics during a medical crisis until the HCP can instruct
Doctor's order

ALTERNATE NAMES

Durable Power of Attorney for Health Care
Agent
Representative

Advance Directive
examples are:
5 Wishes, Honoring Choices

Physician Ordered Life-Sustaining Treatment
(POLST)

REQUIREMENTS

Must have two witnesses
Proxy must be 18+

Must have two witnesses

Must be signed based on care discussions between a patient (or representative) and a physician, nurse practitioner, or a physician's assistant

WHO SHOULD HAVE IT...

HCP, Physician, medical record, hospital, significant other(s)

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Tape on the inside of your front door or on your refrigerator door